

Messing about on the Mersey  
Enjoy 28km of gently flowing river!

## ***HIGH SCHOOL/COLLEGES***



## Messing about on the Mersey (Meeting the BTEC Sport Curriculum)

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We have now been established for 2 years running a variety of different family and group activities based around the River Mersey at Heaton Mersey, Stockport. In March 2011 we gained our Adventure Activity License and we are now starting to engage with young people from a variety of backgrounds from small Special Needs provision to large group activity days. We can work with small focus groups or larger groups of up to 30 at a time on the water.

The vision when setting up the company was the concept of a JOURNEY and this still remains the key aim, whether a half day, whole day or a mini expedition over a series of days, we can alternatively provide sessions based on one location such as the Rugby Club where we are based or certain other local venues

We are very flexible in what we can provide; all leaders are firstly fully qualified to lead the sessions but secondly are all used to working with young people from a diverse set of backgrounds, coming from a background themselves of teaching / residential work and outdoor education provision. In conjunction with Burnage Rugby Club we can make use of their outstanding facilities to have a mixture of land based and water based activities.

## BTEC Sport

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In conjunction with your department we can work alongside students completing a variety of different units within the BTEC curriculum.

### **Level 1 BTEC**

Maybe a case study of a small outdoor provider looking at process of development and set up of a small business

**Unit 1:** Starting Work in Sport and Leisure **Unit 2:** Working in Sport and Leisure **Unit 3:** The Healthy Body  
**Unit 4:** Personal Effectiveness **Unit 5:** Social Responsibility at Work **Unit 6:** Financial Management  
**Unit 7:** Organising a Sport or Leisure Event **Unit 8:** Issues in Sport and Leisure **Unit 9:** Taking Part in Sport  
**Unit 10:** Introducing Customer Service

Maybe a morning looking at the structures of a business followed by an afternoon paddling down the River to see what is it really all about!

## Level 2 BTEC

Unit 3: Outdoor and Adventurous Activities

Unit 7: Plan and Lead Sports Activities

Unit 13: Work Experience (potentially)

Unit 16: Leading Outdoor & Adventurous Activities (including preparing Risk Assessments)

Unit 17: Expedition Experience

Unit 20: Planning and Running a Sports Event

WE BELIEVE THAT AS A MOBILE AND FLEXIBLE SET UP WE CAN COVER MANY ASPECTS OF YOUR BTEC CURRICULUM AND FROM WITHIN A BACKGROUND OURSELVES OF TEACHING BELIEVE WITH DISCUSSION FROM YOU WE CAN WORK TO PROVIDE BESPOKE ACTIVITIES THAT WILL HELP YOU ACHIEVE YOUR STUDENTS LEARNING OBJECTIVES.

## Prices (valid Sept. 2011 - Aug 2012)

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**1 ½ hr session £8 per student based on multiples of 8 –10 students**

(fixed location using either Sit on Top Kayaks or Open Canoes)

**4 hr session £16 per student based on multiples of 8 –10**

(this can be either at 1 location or a journey either on the River Mersey or by arrangement the Bridgewater Canal)

**2 day overnight trips £70 per student inc. all food and camping in a small private location in rural Cheshire** (based on 15 pupils – prices will vary for other sized groups please contact for more info.)

BESPOKE PACKAGES INCLUDING DIFFERENT LOCATIONS RANGING FROM THE NW OF ENGLAND TO SCOTLAND CAN BE PLANNED, ARRANGED AND DELIVERED.

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## Locations

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We are based at Burnage Rugby Club in Heaton Mersey, Stockport and can run fixed sessions there. We will also run trips from there down the **River Mersey**, we can also run fixed sessions at Northenden / Chorlton (by Jackson's Boat Pub) and in Sale by Trafford Metrovik Rugby Club. The **Bridgewater Canal** is possible for fixed sessions and journeys.

We can travel easily to **The Lakes** or into **Scotland**...there are several good touring Rivers in the Dumfries region without having to travel too far north.

## AALA Adventure Activity License

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We are fully licensed and can provide sessions and trips across the Northwest of England or further afield within the remit of our license. (Grade II rivers/ some estuaries / lakes). We have 10 open canoes available for journey and expedition work and can always source further equipment. We have a set of Sit on Top kayaks and can teach students using these safe yet very responsive boats.

## Other Ideas for you College

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- ✚ Duke Of Edinburgh – we can support expedition work.
- ✚ Geography Depts.....why not study Rivers from the perspective of being on it.
- ✚ Tourism and Leisure ...canoeing is .a growing area of tourism
- ✚ STAFF TRIPS....either evening social or even as part of a training day!!
- ✚ Oh yes....and then there is the OLYMPICS.....and canoeing is an Olympic Sport!!

..... THE BOATS ARE THE TOOLS TO A GREAT DAY OUT ALONG THE RIVER.....

[www.messingaboutonthemersey.co.uk](http://www.messingaboutonthemersey.co.uk)

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